



ENHANCING YOUR VOICE

4 hours seminar
up to 30 participants

Objective:

- Introduce body awareness
- How the body communicates with your audience
- Informed about boundaries, safety and authenticity
- Tapping into the mechanic of physical voice

Takeaway:

- Insight into how a person is showing up and affecting his/her presence
- Enhancing charisma
- Getting self to be heard
- Taking risks in speaking out
- Learn practices from speaker



SEMINAR CONDUCTED BY HO KAH KEH

KahKeh's fascination with the human voice stems from his time spent as a performer. A member of local vocal group Budak Pantai, as well as a solo performer with dabblings in emceeing and radio, he has journeyed in uncovering what his own voice is and the power it is capable of.

He has extensive experience in working with teams and leadership in performance, training and development, especially centred around somatic work and voice. Mind and body awareness of one's patterns and working through them.

Kah Keh is a certified Integral Coach with New Venture's West, a certified Global Provider of Tension Release Exercise (TRE®), and a Master Practitioner in Neuro Linguistic Programming (NLP). He is currently a student of the Diamond Approach.

